

BOOKLIST

ADVANCED DIPLOMA OF CLINICAL NUTRITION

Compulsory Textbooks

NOTE: If a subject from your course program is not listed in this document, then there is no compulsory textbook for the subject

Some suggested sources for all textbooks unless otherwise stated:

- **Booktopia:** <https://www.booktopia.com.au/>
- **The Nile:** <https://www.thenile.com.au/>
- Try your local bookshop

ANATOMY & PHYSIOLOGY

Integrative Anatomy & Physiology

AND

BODY CHEMISTRY A & B

Tortora, G. J., & Derrickson, B. H. (2019). *Principles of Anatomy and Physiology* (2nd or 3rd Asia-Pacific ed.). Wiley.

Additional source to the ones mentioned above:

Wiley Direct (Publisher web-shop): <https://www.wileydirect.com.au/>

BUILDING YOYR SUCCESSFUL PRACTICE

Weir, M. (2016). *Law and ethics in complementary medicine* (5th ed or later). A&U Academic.

And

Medhurst, R. (2016). *The business of healing: a guide to practice establishment and practice management for non-medical healthcare professionals* (3rd ed or later). Self published, SA, Australia.

Medhurst's *The Business of Healing* available from the following source:

Directly via the author: <http://www.adelaidehillsnaturopath.com.au>

CLINICAL CASE STUDIES A&B

AND

NATUROPATHIC DIAGNOSIS

Weatherby D, Ferguson S. c2002 (or reprints). *Blood chemistry and CBC analysis; clinical laboratory testing from a functional perspective*. Bear Mountain Publishing, USA.

FOOD AS MEDICINE

Foods that harm foods that heal: An A-Z guide of what to eat and what to avoid for optimum health, c2013, revised edition or later. Reader's Digest Australia Pty Ltd, Sydney.

FOUNDATIONS OF NUTRITION A & B

Whitney, E. et al. (2019). *Understanding nutrition* (4th Australian and NZ ed. or later). Cengage Learning, Australia.

Additional source to the ones mentioned above:

Cengage (Publisher's website): <https://au.cengage.com/>

NUTRITIONAL THERAPEUTICS A & B

Pizzorno, J.E. et al. (2015). *The clinician's handbook of natural medicine*, (3rd ed). Elsevier.

Additional source to the ones mentioned above:

Elsevier (Publishers website): <https://www.elsevier.com/en-au/books-and-journals>

PHARMACOLOGY

Bryant, B., Knights, K., Darroch S, and Rowland A. (2018). *Pharmacology for Health Professionals*, (5th ed or later). Mosby, Sydney.

PRINCIPLES OF MICRONUTRIENTS A & B

Higdon, J. (2011). *An evidence-based approach to vitamins and minerals* (2nd ed). Thiems, Germany.

OR

Information can also be found via Linus Pauling Institute Micronutrient Information Centre: <https://lpi.oregonstate.edu/mic>

SYMPTOMATOLOGY, DIAGNOSIS & PATHOLOGY A, B & C

Grossman, S. et al. (2019). *Porth's pathophysiology: concepts of altered health states*, (10th ed. or later). Lippincott Williams and Wilkins, Philadelphia.

Additional sources to the ones mentioned above:

Wolters Kluwer (Publisher web-shop): <https://shop.lww.com/>